

RUN

Remember You Must Always Be Prepared to Run

What is the meaning of it? What is the object of this circle of misery, violence and fear? It must have a purpose or our universe has no meaning and that is unthinkable, but what purpose. That is humanity's great problem for which reason so far has no answer.

Jeremy Brett, The Cardboard Box

You must always be prepared to run. Preparation to run must start the day you get married, the day you meet your boyfriend, the day you break up with your husband or boyfriend. You must always be prepared to run. This means you keep a savings account unknown to everyone and I mean unknown to everyone including your mother. You add money to this account every month. I don't care if it is one or two dollars. Money adds up. Do not have the bank statement come to the house. It is to remain forever hidden. I don't care how sweet your husband is or how considerate and nice your boyfriend is you must make one lifesaving assumption – you must assume your husband or boyfriend can change. Assuming that your husband or boyfriend can change can be a decision that may save your life. **Men change all the time, for a new girlfriend a better life. He can change if you become pregnant. He can change when he reaches the age of 50. He can change if his business is failing. He can change if he takes up with another woman. Knowing that men change, you need to be prepared to run when they change.** Assuming that the man in your life can change should cause you to change now and plan for your safety and the safety of your children. When men change they will kill the wife and the children. We can prove this statement.

Keep your car in working order I don't care if you have to stop eating. Get regular oil changes and maintain your brakes. Keep

clothing rolled up in your trunk for you and your children. Ask someone that has been in the military they can tell you how to roll clothes for storage. Keep snacks in the trunk two large flash lights and batteries and four blankets. These items can be camouflaged. No one will know what they are. Think you need birth certificates, school records- he can track you if you use his medical insurance or you pay your bills using your new address. Instruct your children to say nothing while living in a shelter. Play the game called amnesia. You have no siblings. Your parents are dead. You are sickly you have no friends.

You need to find organizations that hold meetings for abuse women. You need to attend these meetings. Why! So you can learn what these women went through to get away. So you can learn how to survive. Lack of knowledge is no excuse for failure. Failure in your case will be the loss of your life and the lives of your children. The lives of your children depend on the decisions that you make and the decisions that you do not make. Make the right decision. Always be prepared to run. Keep your mouth shut. No one has to know what you are thinking or doing. Do not think your mother or best girlfriend does not gossip. They do. So if you tell them of your preparation everyone will soon know of it. When you leave, leave. You do not have to tell your husband or boyfriend you are leaving. To put it brutally frank telling your husband or boyfriend that you are leaving and where you will be or are going is stupid. I can give you a list of names of women who were murdered after telegraphing they were leaving. Keep your mouth shut, plan then leave. When I say leave go to another state or country. Let him file for a divorce. Do not think you are going to be treated fairly in divorce court. Some of these judges are members of the Christian Taliban. They believe in forcing women to marry their rapist or to share custody with children of rape. Their god is the god that pays for their political campaign. Women and children have been killed because judges would not let the women leave the state. When the women and or children are killed you can't find one judge to stand before a camera. They hide in their chambers hoping the murders will blow over. These judges are not afraid of you because you do not have any money or political power. This is why it would be smart to start your preparations to leave at the beginning of the relationship then you will be prepared to leave at a moment's notice. And do not go back. Do not go back for your

clothes, favorite pictures etc. Nothing! When you leave head for another state. A man killed his wife's entire family so he could get the opportunity to kill her at their funeral. He killed her family because he could not find her. **Leave the state.** Do not let anyone tell you that if you start making preparation to leave at the beginning of the relationship you have no faith that the relationship will succeed. That is poppycock. You prepare for war during peace time and you sleep with one eye open when wed. Did you know Sojourner Truth had a child with her when she ran from her slave owners? If Sojourner Truth could run from her slave owners surely you can run from your possessive boyfriend or husband. You just have to be smart about it: plan organize then leave. If you never have to run leave your bank account to your daughter so she can be prepared to run.

Do not argue. Bridle your mouth Never say you are leaving. Make no move to take any of your possessions from the home. Just leave when his back is turn and never return. Leave the state.

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Leave The State Go No Where Familiar

You must prepare an exit **strategy** NOW! While the marriage or relationship is in its infancy while he is still smiling and acting nice to impress you. Do not wait. Do not count on the courts, **the prosecutor** or the police. They will all fail you. And do not file for a divorce. Let him do that. Let them declare you dead after seven years. Who cares? There is no law that says you have to get a divorce. Let the silence kill him. A good woman can always find a new man. Men are always looking for a kind woman. You can always learn new habits. Join a book club. Learn to play bridge. The reason why you go nowhere familiar and the reason why you crisscross the country is because men use private detective. A private detective got a woman killed by telling her stalker where she was. The woman that was murdered lived in Florida and she was the mother of six children. The stalker paid an assassin to commit the murder.

Tell your son his thinking is faulty when he picks up a gun and he tells himself that no one will know. Also tell him that the word can't means one has yet to find a solution to the problem or situation at hand. The word can means an impossibility to people who do not push for a solution. People you need in your life. People who can fix cars, sell insurance, know the law, understand real estate, can interpret a prescription. 7 cures for a lean purse are

- **Earn 10 dollars spend 9**
- **Control expenditures**
- **Make thy money multiply Guard money from lost**
- **If you have to choose between spending your last dollar and buying food for yourself drink water.**
- **Make home a profitable investment**
- **Insure a future income go in business for yourself**
- **Increase your ability to earn – go back to school**
- **Better a little caution than a great regret - HIV aids**
- **Women of action are favored by good fortune**
- **Ignore wisdom and waste money**
- **Women cannot be without adequate financial protection.**

Never tell anyone that you are leaving your husband or boyfriend. I mean no one just leave. Believe it or not women are often betrayed by other women. Why, because women talk too much. They run their mouths when they do not have to. Once he starts arguing you are to shut up do not let the situation escalate into mortal combat. Talking too much is one of the characteristics that sexual predators rely upon.

Please copy this entire booklet and give the booklet to at least five other women asking them to do the same. You can email us at murderedvoices@gmail.com and we will send you a pdf file to share with friends and family asking them to forward five copies on to other friends.